Rhonda Jackson is a passionate and dedicated health awareness advocate and activist committed to promoting Lupus awareness and education.

A former Human Resources executive in the telecom industry, Rhonda has over 25 years in the corporate sector. She holds a degree in Speech Communications from Metropolitan State University in Denver. Her first love has always been the performing arts. She is an avid public speaker, actress for both the stage and film and most recently as a writer and playwright.

Rhonda was diagnosed with Lupus in 1994 at the age of 37. But she refused let Lupus control and ruin her life.

Through her advocacy and activist efforts she is determined to give Lupus a voice by educating and enlightening the public on Lupus symptoms, diagnosis and sharing updates on the latest research projects, trials and results.

In Spring of 2017, Rhonda took a creative approach to delivering the message about the unpredictable, debilitating and often the life threatening affects that Lupus may have on a person’s daily life, their family and their socioeconomic status. She penned and produced a play, CRYING WOLF: STORIES OF THE LUPUS WARRIORS. The play presents with several characters performing a series of monologues of patients suffering from Lupus symptoms; both physically and mentally. The play documents her personal journey with Lupus; but the stories told are so familiar to all patients living and suffering from Lupus.

Rhonda enjoys a collaborative partnership with Lupus Colorado; a non-profit organization that serves those living with Lupus exclusively in Colorado. Her involvement includes tabling events, event planning, educational symposiums, speaking engagements and fundraising.

In her free time Rhonda loves watching a good football game, listening to live music, going to the Theatre, preparing a good meal, a great party and spending time with family and friends.